

FUN IDEAS TO RAISE MONEY FOR

SEPSIS ALLIANCE



SIPS FOR SEPSIS

Invite family and friends over for an evening of wine tasting and appetizers and share your sepsis knowledge. Ask guests to donate to attend.



5K RUN OR WALK

Host a 5K run or walk in your community to help raise awareness of sepsis. Provide attendees with a t-shirt to wear later and raise awareness throughout the year.



SALUTATIONS FOR SEPSIS

Organize a donation-based yoga class at a local park, or at your yoga studio. After class, arrange a short education presentation and pass out sepsis information.



SPIKE OUT SEDSIS

Arrange a fun volleyball tournament - sand or indoor - to mobilize your community and raise sepsis awareness.

Teams pay a registration fee and can fundraise through their networks leading up to the event.



COOK-OFF

Gather your foodie friends and have them each prepare a signature dish, or have them prepare the same dish, like chili. Have people donate to taste each dish and cast their vote for the winner. Send everyone home with a full belly and information about sepsis.



BE CREATIVE

Have an idea? Try it out, or contact us to talk about it!

Email us at info@sepsis.org to tell us what you are doing and request Sepsis Alliance brochures.



Suspect Sepsis. Save Lives.