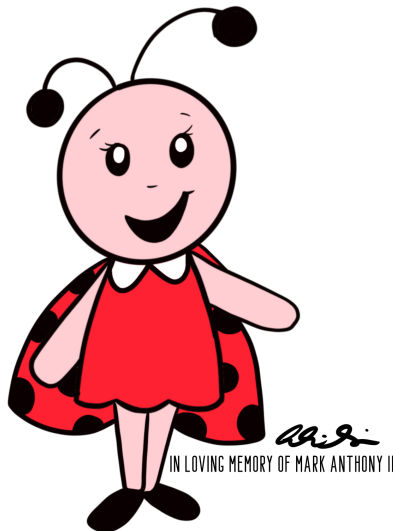


# Bug Coloring Sheets

*Illustrated by Alyssia Aguilar*



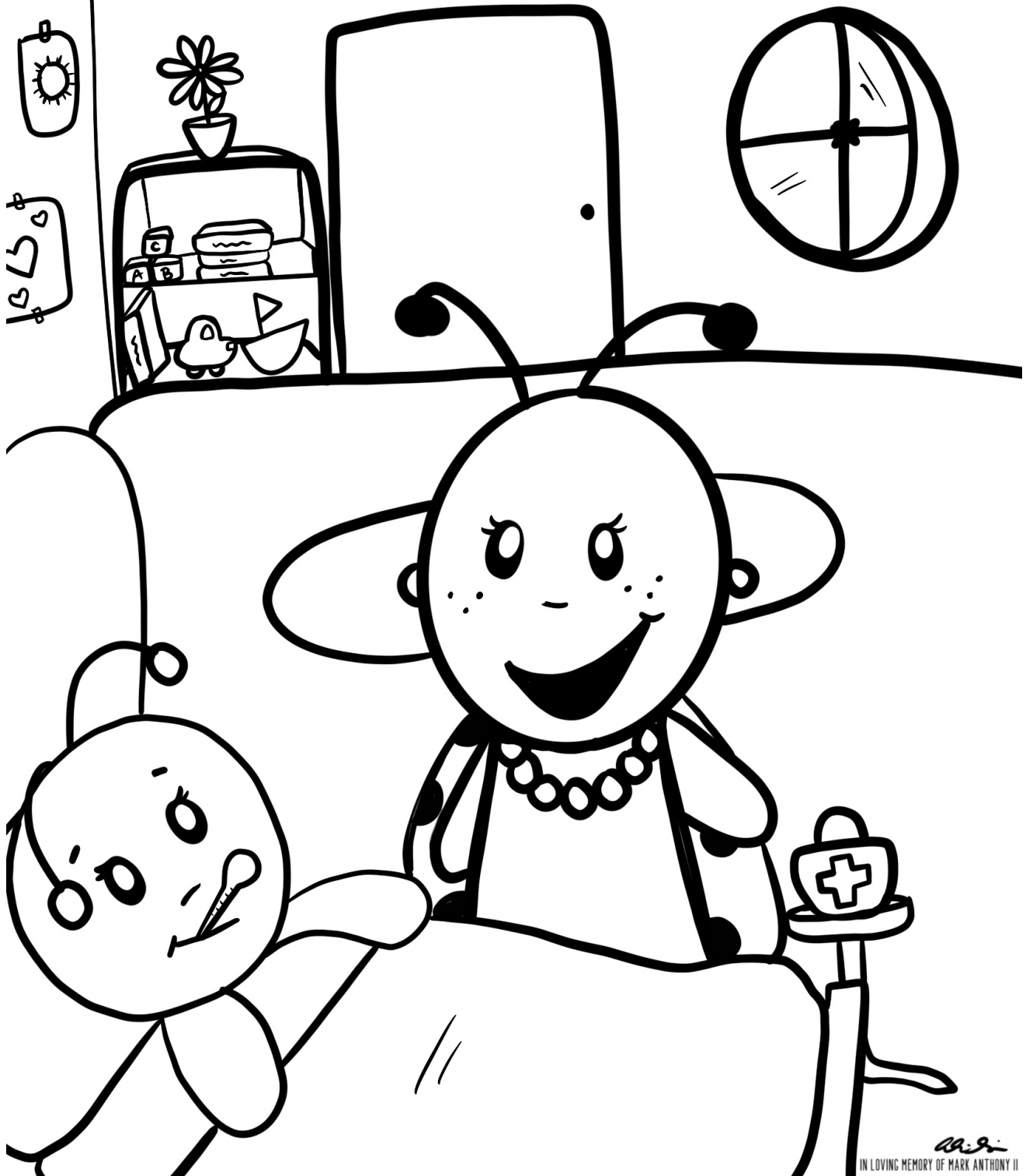
## Meet Bug!

Bug is a friendly ladybug who loves to help children learn about preventing infection so they can be healthy. Alyssia Aguilar created Bug in loving memory of her son Mark Anthony II. Mark tragically lost his life to sepsis when he was only 16 days old.

Bug was inspired by the spirit of Erin “Bug” Flatley, an aspiring teacher who passed away from sepsis when she was 23 years old. After losing Erin, her father Carl Flatley, DDS, MSD, founded Sepsis Alliance. In her memory, Carl and Sepsis Alliance developed Erin's Campaign for Kids, to help combat the high incidence and mortality rates of sepsis among children.

## What is an infection?

Whether it's a cold, the flu, or something else, our bodies can sometimes get sick from an **infection**. An **infection** is when germs get inside your body, and you might not feel good as your body fights back.





### **Vaccines can help prevent infections.**

Shots can sometimes hurt, but shots like **vaccines** are very important for our bodies. **Vaccines** are actually weak versions of diseases that give our body practice for how to fight those types of germs. This way, our bodies know how to fight the germs if they do get infected!

*Mark Anthony II*  
IN LOVING MEMORY OF MARK ANTHONY II

## Washing your hands will help you stay healthy.

It's really important to stay clean, especially to help keep germs from getting inside your body. Make sure to wash your hands with soap and warm water before you eat or after you go to the bathroom, and cover your mouth with the inside of your elbow when you cough or sneeze.



*aa:ji*  
IN LOVING MEMORY OF MARK ANTHONY II



### How to clean a cut

We need to clean our cuts to help prevent **infection**. To clean a cut, it's important to wash it with soap and warm water, put a germ-killing medicine like Neosporin on it, and then cover it with a Band-Aid to keep out more germs. Don't scratch or pick at it!

*Alibi*  
IN LOVING MEMORY OF MARK ANTHONY II